

Table2 Factors associated with "Ikigai" score

variables	Total			Male			Female		
	SE	$\beta$		SE	$\beta$		SE	$\beta$	
Age (year)	0.02	-0.04 ***		0.03	-0.01		0.04	-0.08 ***	
Sex (male=1, female=0)	0.07	-0.20 ***							
Spouse (yes=1)	0.07	0.04 **		0.10	0.03		0.09	0.02	
Number of rooms in one's residence (rooms)	0.02	0.07 ***		0.02	0.06 ***		0.03	0.07 **	
Annual income including pension benefits (mill)	0.03	0.09 ***		0.04	0.11 ***		0.06	0.03	
Subjective assessment of health condition (1-7)	0.03	0.02		0.03	0.02		0.05	0.02	
Hospitalization during the past year (yes=1)	0.10	0.01		0.11	0.01		0.21	0.00	
Healthy lifestyle score (Breslow: 0-7)	0.01	0.26 ***		0.02	0.24 ***		0.02	0.29 ***	
Numbers of working days through SHRC (0-250)	0.02	0.02		0.03	0.03		0.04	0.01	
Purpose of work (for financial benefit=1)	0.07	-0.08 ***		0.08	-0.11 ***		0.11	-0.04	
Purpose of work (for health=1)	0.06	-0.05 ***		0.07	-0.07 ***		0.11	-0.01	
Life-change score through work (-3 to 3)	0.02	0.17 ***		0.02	0.18 ***		0.03	0.16 ***	
Satisfaction on my life history (yes=1)	0.08	0.10 ***		0.09	0.09 ***		0.14	0.11 ***	
Wish to contribute to society (yes=1)	0.06	0.03		0.08	0.04 *		0.11	-0.01	
Wish to have time for myself (yes=1)	0.07	-0.05 ***		0.08	-0.04 *		0.12	-0.05 *	
Adjusted R <sup>2</sup>		0.20			0.19			0.17	

\* p &lt; 0.1 \*\* p &lt; 0.05 \*\*\*p &lt; 0.001